

2011-2012 Varsity Boys Track Results / News:

Golden Gale Athletes Compete at Outdoor Track & Field Nationals

Kevin Miller led the Gales, finishing 7th in the shot put with a throw of 55' 3.75". Miller finished just 2.5 inches short of 6th place and All-American honors.

The Gales Distance Medley Relay of Jared Wentz, Dominique Anderson, Stephen Sparks and Brannon Kidder finished 8th in 10:15.59. The time is a new LHS School Record and Ohio #1 for 2012.

Jon Urbine finished 13th in the Freshman One Mile Run.

Lancaster's 4xMile Relay team of Jared Wentz, Adam Wise, Stephen Sparks and Brannon Kidder ran 18:18.10 to place 13th.

Brannon Kidder competed Saturday in the Adidas - High School Dream Mile in New York City.

The 14 participants in the invitation-only race were selected by Adidas to compete during the day's Diamond League track and field meet schedule. Kidder raced near the front of the pack until taking the lead midway through the third lap. He led into the last 100M of the race and then held on to finish 4th in 4:03.12. The Dream Mile produced the top 10 US high school times for 2012, with nine of the 14 participants in the race finishing under 4:05.00. Kidder's 4:03.12 is a new Lancaster High School record and the fastest mile ever run by an Ohio high school athlete. The title as Ohio's fastest high school miler previously belonged to Lancaster's John Zishka (4:03.85) for 27 years until Sam Borchers of Yellow Springs ran 4:03.33 in 2007.



Kevin Miller

senior member of the Lancaster Track and Field team
signs a National Letter of Intent to continue his
athletic career at Tiffin University.



Brannon Kidder
 senior member of the Lancaster Track and Field team
 signs a National Letter of Intent to continue his
 athletic career at Penn State.

**Lancaster High School track athletes sign with colleges
 Kidder to go to Penn State; Miller off to Tiffin**

Brannon Kidder and Kevin Miller celebrated the honor of getting to continue their track careers in college, but they were quick to note they still have work to do this season.

LHS Boys Track Field / Results: Region 3 Championship
Results May 23 & 25, 2012

LHS Boys Track Field / Results: Central District 2 Championship
Results May 15, 16 & 19, 2012

LHS Boys Track Field / Results: OCC - Ohio Division Championship
Results May 10 & 12, 2012

Lancaster defeated Newark 94 - 20 in a storm-shortened meet on Tuesday night. Gales athletes won 12 of 14 contested events; the 200M Dash, 3200M Run and the 4x400M Relay were cancelled as a result of the night's thunderstorms.

Event Results:

4x800M Relay: Lancaster - 1st, Young, Lindsey, Sabol, Brolli - 8:50.1

110HH: 1st - Wagner(LA) 17.1, 2nd - England(LA) 17.3 , 3rd - Mayabb(N) - 17.8

100M: 1st - Edwards(LA) 11.5, 2nd - Oiler(N) 11.6, 3rd - Taylor(LA) 11.8

4x200M Relay: Lancaster - 1st, ECordle, Taylor, Heimberger, Sparks - 1:35.1

1600M: 1st - Chafin(N) 4:49.7, 2nd - Bosser(LA) 4:53.5, 3rd - JCordle(LA) 4:55.4

4x100M Relay: Lancaster - 1st, ECordle, Meadows, Taylor, Edwards - 48.2
400M: 1st - Wooten(LA) 54.5, 2nd - Shaw(LA) 57.8, 3rd - Moore(N) 58.8
300IH: 1st - ECordle(LA) 44.5, 2nd - Mayabb(N) 45.2, 3rd - England(LA) - 46.0
800M: 1st - Brolli(LA) 2:13.6, 2nd - Sabol(LA) - 2:18.0, 3rd - Bosser(LA) 2:21.4
Long Jump: 1st - Thompson(LA) 18'7.5", 2nd - Anderson(LA) 18' 3", 3rd - Martinez(N) - 18' 2"
High Jump: 1st - Snead(N) 5'8", Edwards(LA) 5'8", Matrinez(N) 5'4"
Pole Vault: 1st - Schmelzer(LA) 14' 0", 2nd - Knece(LA) 12'6", 3rd - Koksai(LA) 12'0"
Discus: 1st - Miller(LA) 151'11", 2nd - Trout(LA) 138'2", 3rd - Hartranft(LA) 129'5"
Shot Put: 1st - Miller(LA) 54'11", 2nd - Trout(LA) 50'8", 3rd - Dexter(LA) 45'2

The Lancaster Golden Gales **finished 3rd in this weekend's Eastern Relays at the University of Louisville**. The team competition featured qualifying athletes only and was won by Houston (TN) High School with 75 points. Belleville (IL) West was 2nd with 73 points, followed by Lancaster with 63.5 points. A total of 46 teams from five states scored in the elite event.

In Friday's competition, the Gales relay team of Ethan Cordle, Derek Edwards, Dominique Anderson and Stephen finished 4th in the 1600M Sprint Medley with a time of 3:43.14. An hour later, Jared Wentz, Ben Kuhn, Jon Urbine and Brannon Kidder teamed up to win the Distance Medley Relay in an LHS School Record time of 10:20.79. The DMR time is the fastest in the state for 2012 and qualifies the Gales for National competition.

Saturday's competition opened with Kevin Miller taking 1st in the Shot Put with a mark of 54' 5", followed by Kyle Trout in 8th with a personal best toss of 50' 2.5". Miller also scored in the Discus, taking 7th with a throw of 151' 4".

On the track, the Gales 4x800M Relay team of Sparks, Urbine, Wentz and Kidder took first in a season best time of 7:54.03. The Gales 4x800M team currently ranks 2nd in the State, 0.30 seconds behind current #1, Westerville North.

Later in the Day, Kidder returned to the track to win the 1600M in an outdoor season best time of 4:09.33 (Ohio #1, US #9) and Sparks took 5th in the 800M with a season best time of 1:58.21.

Lancaster athletes competed in the 2000M Steeplechase for the first time in recent years with Andreas Strand placing 7th for the Gales in 7:05.45.

Lancaster's final placement in the meet hinged on the outcome of the pole vault competition which extended well beyond the end of the track events. In the end, Lancaster Vaulters Eli Schmelzer (2nd-Tie) and Eron Knece (6th-Tie) placed well and helped secure the 3rd place finish for the Gales.

The Gales conclude the regular track & field season with a home dual meet with Newark on Tuesday, the Larkin-Crosten Classic in Upper Arlington on Friday and the Panther JV Invitational on Monday. Championship competition begins with the OCC - Ohio Division Meet on May 10th and 12th at Pickerington North.

LHS Boys Track Field / Results: Fulton Relays
Results April 20, 2012

Lancaster Defeats Unioto

Event winners for the Gales were:

Andrew Koksai in the Pole Vault (11'6")
Cameron Heimberger in the Long Jump (18' 2.5")
Derek Edwards in the High Jump (5' 8")
Kevin Miller in the Shot Put (54'9") & Discus (158'0")

The 4x800M Relay of Andreas Strand, Adam Wise, Matt Young & Nick Weaver (8:50.7)
Jared Thompson in the 100M (12.0)
The 4x200M Relay of Ben Kuhn, Jon Urbine, Stephen Sparks & Brannon Kidder (1:38.1)
Nick Weaver in the 1600M (4:49.8)
The 4x100M Relay of Kuhn, Brandon Meadows, Edwards & Thompson (47.4)
Brannon Kidder in the 400M (51.9)
Ethan Cordle in the 300IH (44.0)
Trent Lindsey in the 800M (2:11.8)
Stephen Sparks in the 200M (23.8)
Jared Wentz in the 3200M (10:10.5)
The 4x400M Relay of Wentz, Meadows, Kuhn & Kidder (3:35.0)

Gales 4th at Dublin Coffman

Lancaster finished 4th of 16 teams at Saturday's rain-shortened Dublin Coffman Classic. As a result, the Gales season record now stands at 33 - 9.

The Gales relay team of Stephen Sparks, Jon Urbine, Jared Wentz and Brannon Kidder lowered their State-leading 4x800M time to 8:00.12 in winning the opening event of the day. Kidder later returned to the Track to win the 1600M (4:23.89) with Sparks 6th (4:32.77). Kidder also won the 800M (1:56.64) with Jared Wentz 6th (2:02.13).

Lancaster once again earned big points in the throwing events with Kevin Miller taking 3rd in the Shot Put and 4th in the Discus, while Kyle Trout finished 4th in the Shot Put and 5th in the Discus.

The Gale's 4x200M Relay continues to develop with the team of Ethan Cordle, Harrison Taylor, Dominique Anderson and Ben Kuhn running a season best time to finish 8th.

With the Pole Vault cancelled due to the weather, Sparks, Wentz, Urbine and Kidder closed the scoring with a 5th place finish in the 4x400M Relay.

The Gales compete next on Tuesday at Pickerington North. On Friday, the Gales welcome 12 Central Ohio teams to the 46th edition of the Fulton Relays.

Lancaster Defeats Reynoldsburg

Lancaster - 90, Reynoldsburg - 46
4x800M Relay: Lancaster 1st - 8:59.9 (Lindsey - Sanderell - Wooten - NWeaver)
110HH: England 2nd - 19.1
1600M: Sparks 1st - 4:43.9, Sanderell 2nd 5:00.9
4x100M Relay: Lancaster 1st - 48.5 (Kuhn - Meadows - Thompson - Edwards)
400M: Sparks 1st - 53.8, Kuhn 3rd - 55.5
300IH: England 1st - 45.8

800M: Bosser 1st - 2:14.5, Sabol 2nd - 2:14.9
200M: Heimberger 2nd - 24.1, Urbine 3rd - 25.2
3200M: Wise 1st - 10:18.7, NWeaver 2nd - 10:29.8, Gilmore 3rd - 10:47.8
4x400M Relay: Lancaster 1st - 3:49.8 (Heimberger - England - Taylor - Meadows)

Shot Put: Miller 1st - 48' 11", Hartranft 3rd - 44' 6.5"
Discus: Trout 1st - 139' 5", Hartranft 2nd - 130' 0"
Pole Vault: Koksal 1st - 11'6", CFetherolf 2nd - 7'6"
Long Jump: Heimberger 1st - 19' 4.75", Taylor 3rd - 16' 6.5"
High Jump: Thompson 2nd - 5'4", Edwards 3rd - 5'4"

Gales 4th at Stingel Invitational

Invitational Results

Lancaster finished 4th of 16 teams at Saturday's Stingel Invitational at Pickerington North. New Albany won Championship honors with 101 points, followed by the host school with 90.5 points. Gahanna Lincoln (77.5pts) edged the Gales (75pts) for third.

The day started well, with Lancaster scoring 18 of 20 possible points in the distance relays and taking two of the top six places in the shot put. Jared Wentz, Dominique Anderson, Jon Urbine and Adam Wise ran a season best time of 10:58.79 to take second in the Distance Medley. Wentz and Urbine then returned to join Stephen Sparks and Brannon Kidder in winning the 4x800M Relay in a 2012 Ohio best time of 8:02.07. Kevin Miller and Kyle Trout came up big in the shot put finals, with Miller throwing a personal best of 53'6" to move from 4th to 2nd and Trout improving from 9th to 6th.

The Gales also scored well in the Pole Vault, with Eli Schmelzer placing 2nd at 14'0" and Andrew Koksal 6th at 12' 6".

Brannon Kidder won a tactical 1600M race in 4:26.00, then returned to run a 2012 Ohio best time of 1:54.82 to win the 800M. Sophomore Stephen Sparks was also impressive in the 800M, running a personal best of 1:58.40 to finish 2nd.

Luke Sanderell ran a personal best time of 10:12.59 for 7th in the 3200M.

The team of Cameron Heimberger, Harrison Taylor, Sparks and Kidder closed the Gales scoring on the day with a 4th place finish in the 4x400M Relay.

The Gales compete next on Tuesday at Fulton Field vs. Reynoldsburg, then Saturday at the Dublin Coffman Classic.

Gales Defeat Groveport, Dublin Coffman

Lancaster - 75.5, Groveport - 61.5, Dublin Coffman - 39

Golden Gale Scorers by Event:

High Jump: Zenoby - 4th @ 5'6"
Long Jump: Heimberger 3rd @ 18' 0.5"
Pole Vault: Schmelzer 1st @ 14'6", Koksal 2nd @ 12'6"
Shot Put: Miller 1st @ 52'0.25", Trout 2nd @ 47'1", Herold 4th @ 42'8.5"
Discus Relay: Miller 1st @ 143'7", Trout 2nd @ 142' 1", Dexter 4th @ 127'5"

4x800M Relay: 1st @ 8:44.4 Wentz, Brolli, Wise, Sabol
110HH: Wagner 4th @ 17.1
100M: no place
4x200M: no place
1600M: Urbine 1st @ 4:43.9, Bosser 3rd @ 456.7, JCordle 4th @ 4:57.7
4x100M Relay: 2nd @ 47.6, Kuhn, Dexter, Meadows, Thompson
400M: no place
300IH: Cordle 1st @ 42.5
800M: Lindsey 2nd @ 2:11.7, JCordle 3rd @ 2:13.9, Sabol 4th @ 2:14.9
200M: no place
3200M: NWeaver 1st @ 10:11.5, Sanderell 2nd @ 10:23.4, Harris 3rd @ 10:58.6,
Linehan 4th @ 10:59.8
4x400M Relay: B1st @ 3:36.2 ECordle, Taylor, Sabol, Sparks

Lancaster Wins at Thomas Worthington

Lancaster defeated Thomas Worthington and Upper Arlington in a triangular meet this Saturday. This unique meet allowed two relay entries per team in each event, testing team depth and providing additional opportunities to compete. The Gales were exceptionally strong in the throwing events and the mid/long distance relays.

Golden Gale Results by Event:

High Jump Relay: 2nd @ 16' 0": Edwards, Thompson & Zenoby
Long Jump Relay: 3rd @ 49' 10.25": Heimberger, England & Wagner
Pole Vault Relay: 2nd @ 27' 0": Knece & Schmelzer
Shot Put Relay: 1st @ 126' 10": Dexter, Trout & Herold
Discus Relay: 1st @ 394' 6.5": Trout, Dexter & Crist

4x200M Relay: 2nd @ 1:37.7: ECordle, Taylor, Edwards, Heimberger
4x800M Relay: 1st @ 8:15.9: Sparks, Wentz, Urbine, Kidder
4x1600M Relay: Gold Team 1st @ 19:28.7 (Meet Record): Wise, Bosser, Meszaros, Sparks
4x1600M Relay: Blue Team 2nd @ 19:30.0: Wentz, Gilmore, Harris, NWeaver
4x100M Relay: Gold Team 2nd @ 47.17: ECordle, Taylor, Meadows, Edwards
4x100M Relay: Blue Team 3rd @ 47.96: Kuhn, Dexter, Knece, Thompson
Middle Medley: Gold Team 1st at 6:00.4 (Meet Record): Sparks, Urbine, Heimberger,
Kidder
Middle Medley: Blue Team 3rd at 6:38.2: Sanderell, Zenoby, Wooten, Strand
Sprint Medley: Gold Team 2nd at 1:49.7: ECordle, Taylor, Knece, Edwards
Sprint Medley: Blue Team 3rd at 1:52.7: Wagner, Meadows, Shaw, JWeaver
Distance Medley: Gold Team 1st @ 11:18.1: NWeaver, Wentz, Wise, Kidder
Distance Medley: Blue Team 3rd @ 12:07.9: Lindsey, Koksall, Gilmore, Linehan
4x400M Relay: Gold Team 1st @ 3:38.4: Heimberger, Sparks, Urbine, ECordle
4x400M Relay: Blue Team 3rd @ 3:48.7: Kidder, Zenoby, Wooten, England

Canal Winchester Event

Over 50 track and field athletes competed for the Gales at Canal Winchester on Tuesday, many for the first time at the high School level. The Gales were defeated by Canal Winchester but set 35 new personal bests along the way and the outlook is bright for the 2012 season.

Individual Highlights:

The Gales swept the Shot Put competition with Kevin Miller 1st, Kyle Trout 2nd and

Christian Herold 3rd. Herold's toss was a personal best.

Trout (2nd) and Miller (3rd) also scored in the discus, while Austin Crist, Seth Tribby, Zac McNeal, Christian Herold, Ray Boyden and Brandon Cooney all had personal best throws on the day.

Eron Knece and Andrew Koksall placed 1 - 2 in the Pole Vault.

Barkley Zenoby set a new personal best in the high jump to finish 3rd. Later on, Zenoby ran a new 400M personal best to take 2nd. Phelan Shaw, Jack Weaver and Nick Bermoy also set new personal bests for 400M.

The 4x800M Relay of Matt Young, Luke Sanderell, Nick Weaver and Patrick Sabol finished 1st. Sabol caught and passed the Canal Winchester anchor to secure the win, with Young, Sanderell and Weaver all setting personal bests along the way.

Patrick Wagner set new personal bests in the 110 High and 300 Intermediate hurdles. Ethan Cordle also set a new personal best in the 300 hurdles.

The 4x200M Relay team of Ethan Cordle, Harrison Taylor, Derek Edwards and Cameron Heimberger took first, with Heimberger holding off a strong charge by the opposing anchorman.

Lancaster's distance runners continue to show depth, sweeping the 1600M. Jon Urbine finished 1st, Jacob Cordle 2nd and Nick Bosser was 3rd. Bosser, plus Frankie Meszaros and Robby Harris all set new personal bests in the 1600M.

Nick Weaver and McCray Wooten finished 2nd and 3rd in the 800M; Wooten's finish was a personal best; Jakob Brolli and Robbie Harris also set personal bests for the 800M distance. Brannon Kidder and Spencer Gilmore ran personal bests in the 3200M. Kidder took 1st while becoming the #8 All-time Golden Gale 3200M runner. Gilmore's time was a full minute faster than last season's opening race. Stephen Sparks ran 3200M for the 1st time and finished 2nd only to Kidder.

Ben Kuhn and Phelan Shaw ran personal bests at 200M.

The Gales closed the day running five different groups in the 4x400M Relay. Ethan Cordle, Jon Urbine Patrick Sabol, Jeremiah England, Jack Weaver and Jakob Brolli all split personal best 400M times. Two teams of Golden Gales throwers competed against each other in the 4x4, using Twizzlers as batons! The team of Kyle Trout, Kevin Miller, David Hartranft and Isaiah Dexter narrowly defeated Christian Herold, Austin Crist, Ray Boyden and Zac McNeal. Dexter's outstanding anchor leg sealed the win, but left him with an emptier stomach than expected. Austin Crist joined Dexter on the "porcelain wall of fame".

The Gales compete next at Thomas Worthington on Saturday.

Hammond Relay Results

The Golden Gales opened the 2012 Track & Field season by finishing 3rd at the Hammond Relays. Pickerington North was the 2012 meet Champion, followed by Pickerington Central who finished two points ahead of the Gales.

Eli Schmelzer, Eron Knece and Andrew Koksall teamed up to take first for the Gales in the Pole Vault Relay with a total mark of 38'6". This mark ranks the trio as the 5th best in Lancaster Track & Field history. The Gales Middle Medley Relay of Stephen Sparks, Jon Urbine, Jacob Cordle and Brannon Kidder also took first at 5:52.7. Lancaster took 2nd in four events: Kyle Trout, Kevin Miller and David Hartranft combined to throw 401'7" in the Discus; Nick Weaver, McCray Wooten, Urbine and Sparks ran 11:12.4 in the Distance Medley Relay; Andreas Strand, Urbine, Patrick Sabol and Cordle ran 8:43.4 in the 4x800M Relay; Cameron Heimberger, Wooten, Sparks and Kidder ran 3:31.6 in the 4x400M Relay. Weaver, Spencer Gilmore, Luke Sanderell and Strand combined to finished 3rd in the 4x1600M Relay with a time of 19:35.9. The Gales also placed in the High Jump Relay, Shuttle Hurdles and Sprint Medley to complete the scoring on the day.

The Gales compete next at Canal Winchester on Tuesday.

Gales 5th at Indoor State Championship

Brannon Kidder led the Golden Gales to a 5th place finish in the Division I Indoor State Championship, winning the 1600M and the 800M within a 35 minute span. Kidder ran a tactical race to win the 1600M in 4:15.69, then clocked 1:55.71 to complete the tough double. Eli Schmelzer set a new season best mark of 14' 3" to finish 4th in the Pole Vault, while Eron Knece equaled his season best of 13' 0" to finish 11th. David Hartranft set a new personal best of 55' 6" in the weight throw to finish 9th; Isaiah Dexter was 12th. Kevin Miller finished 11th in the Shot Put.

The Gales 4x800M Relay team of Stephen Sparks, Jon Urbine, Andreas Stand and Jordan Kempton finished 11th, with three of the four running new personal bests.

The Gales open the outdoor season next Saturday at the Hammond Relays, hosted by Pickerington Central High School.

The **Golden Gales Track & Field opened 2012 team competition** by finishing 3rd of 27 teams in Saturday's Central District Indoor Championship. Top finishers for Gales included Stephen Sparks - 1st in the 800M; David Hartranft - 2nd in the Weight Throw; Austin Crist - 3rd in the Weight Throw; Eron Knece - 4th(Tied) in the Pole Vault; and Patrick Wagner - 8th in the 60M Hurdles. The Gales 4x400M Relay team of Ethan Cordle, Dominique Anderson, Derek Edwards and McCray Wooten finished 4th. The Gales 4x800M relay team of Jordan Kempton, Jacob Cordle, Patrick Sabol and Jakob Brolli finished 5th and the 4x200M Relay team of Ethan Cordle, Edwards, Anderson and Jeremiah England finished 8th.

The Gales were without two of their top athletes, Brannon Kidder and Isaiah Dexter who competed on Sunday at the New Balance Indoor Nationals in New York City. Kidder finished 4th in the Mile Run and was named to the 2012 High School All-American Track & Field Team. Earlier, at the Brooks PR Invitational, Kidder set the Ohio Indoor State Record for the Mile in 4:09.11. He is currently the top ranked 800M and 1600M runner in the State.

Competing at the National Level for the first time as just a sophomore, Isaiah Dexter, finished 16th in the Indoor Weight Throw. Dexter already ranks as the #2 All-Time Lancaster performer in the Weight Throw, and has the 9th best mark for an Ohio Division I athlete in 2012.

The Gales compete next Saturday at the OATCCC Indoor State Championship at Akron University. Qualifiers for the meet include Eli Schmelzer in the Pole Vault; Kevin Miller in the Shot Put and Weight Throw; Dexter in the Weight Throw, Brannon Kidder in the 800M, 1600M and 3200M and the Gales 4x800M Relay team. David Hartranft also achieved a qualifying mark in the Weight Throw, but will not compete due the limit of two entries per event in the State Championship. Eron Knece and Austin Crist are "provisional" State qualifiers, ranked in the top 25 in Division I.